



2022 COMPETITION RULES & COVID-19 UPDATE



MATCH DURATIONS

| Mixed Tackle Competitions | Game Times | Female Tackle Competitions | Game Times |
|---------------------------|------------|----------------------------|------------|
| U6-U9 | 4 x 8min | U14-U18 | 2 x 25min |
| U10-U12 | 2 x 20min | Open Age Women | 2 x 30min |

| Male Tackle Competitions | Game Times | Monarch Blues Tag | Game Times |
|--------------------------|------------|-------------------------------|------------|
| U13-U15 | 2 x 25min | U10-U12 | 2 x 20min |
| U16-U23 | 2 x 30min | U13-Open Age (Incl. Over 35s) | 2 x 25min |
| Open Age | 2 x 35min | | |

MERCY RULE

60 points differential in ALL age groups

GAMES **SHOULD** STOP AT MERCY

Coaches may decide to continue play after MERCY differential is reached, if it is safe to do so, but no further scores will be recorded.

Both Coaches must agree for play to continue.

DH / FR VESTS

DH and FR vests must be rotated after each ½ or ¼
Players **CANNOT** wear a vest twice in any one game.

U8s use FR vest ONLY.

COVID-19 UPDATE 2022

ENSURE THAT PLAYERS AND VOLUNTEERS STAY HOME IF THEY ARE UNWELL

Follow the NSW Government rules regarding the **PUBLIC HEALTH ORDER**

LIMIT access to changerooms / sheds

STRAP players outside of changerooms / sheds

Hold pre-game and half-time talks **OUTSIDE**

Players **SHOULD NOT** share drink bottles

Always remember to practice **SOCIAL DISTANCING**

PLAYERS PLAYING UP

- **CAN'T** wear a vest (in U8-U12)
- **CAN'T** take the field before a correct aged player
- **CAN'T** take a conversion attempt before a correct aged player (Mod games)
- **MUST** have a Playing Up Form completed

MINIMUM / MAXIMUM NUMBER OF PLAYERS

| TACKLE | | | |
|-----------|-----------------------|-----------------------|-------------------|
| Age Group | Min. Players on Field | Max. Players on Field | Minimum Game Time |
| 6-7 | 4 | 6 | 2 X Quarters |
| 8-9 | 6 | 8 | 2 x Quarters |
| 10-11 | 8 | 11 | 1 x Half |
| 12 | 11 | 13 | 1 x Half |
| 13+ | 9 | 13 | N/A |

| GIRLS / WOMENS TACKLE | | |
|-----------------------|-----------------------|-----------------------|
| Age Group | Min. Players on Field | Max. Players on Field |
| 14 | 9 | 11 |
| 16 | 9 | 11 |
| 18 | 9 | 11 |
| Open Age | 9 | 13 |

| MONARCH BLUES TAG | | |
|-------------------|-----------------------|-----------------------|
| Age Group | Min. Players on Field | Max. Players on Field |
| 10-12 | 6 | 8 |
| 13+ | 8 | 11 |

In all competitions, once a team has the minimum number of players available to play, they **MUST** take the field.

SPORTS TRAINERS – NRL ON-FIELD POLICY

GROUND MANAGER MUST

- Check minimum requirement for game (as per table below)
- Check Sports Trainers accreditation using MySideline
- Ensure Sports Trainer has signed the Sign on Sheet

IF THE MINIMUM REQUIREMENTS CANNOT BE MET THEN THE GAME CANNOT START

| AGE | MINIMUM PERSONNEL FOR CONTACT RUGBY LEAGUE | MINIMUM PERSONNEL REQUIRED FOR LEAGUE TAG | MINIMUM ACCREDITATION REQUIRED |
|---------|--|--|--|
| U6-U7 | 1 First Responder for up to 4 matches being played on an International Field | 1 First Responder for up to 4 matches being played on an International Field | League First Aid, or NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer |
| U8-U9 | 1 First Responder for up to 3 matches being played on an International Field | 1 First Responder for up to 3 matches being played on an International Field | |
| U10-U12 | 1 First Responder for each MATCH | 1 First Responder for each MATCH | |
| U13-U15 | 1 First Responder for each TEAM | | |
| U16+ | 1 First Responder for each TEAM | 1 First Responder for each TEAM | NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer |

HIA / CONCUSSION

Any player that leaves the field with a suspected head injury or is not allowed to retake the field under any circumstances.

HIA must be written next to the players name on Sign on Sheet.

Sports Trainer to complete the **HIRRF** Form and give to player.

UNOFFICIAL TOUCHIE

Any parent or spectator who acts as an **UNOFFICIAL TOUCH JUDGE** should be informed that their only responsibility is to put their flag up and indicate the point where:

The ball or a player crosses the sideline or, for a successful conversion.

SIGN ON SHEETS

At the end of the game the **GROUND MANAGER** should ensure:

- Sign on Sheets have been completed correctly
- All Team Staff / Match Officials have signed the sheets
- Scores match on both home and away sheets
- Any player removed from the field with a **SUSPECTED HEAD INJURY** is noted on the sign on sheet as **HIA**

NSWRL COMMUNITY TOOLBOX



NSWRL POLICIES & PROCEDURES MANUAL



NSWRL POLICIES



COVID-19 RULE UPDATES



NSWRL ONLINE CODE OF CONDUCT REPORT

